

# Kursplan ab 04.10.2022

Montag

Dienstag

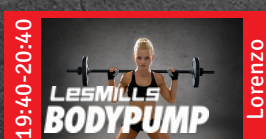
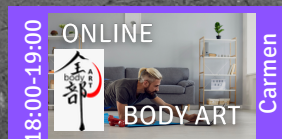
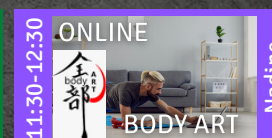
Mittwoch

Donnerstag

Freitag

Samstag

Sonntag



Power



Functional



Ausdauer



Balance



Online Kurse